

ANY THREE COURSES: \$120*

Please advise your waiter if choosing three course special before ordering. Steak is not included in three course offer.

APPETIZERS

- Caesar Salad / Crispy Romaine Leaves / Garlic Croutons / Cherry Tomatoes / Boiled Egg / Parmesan - \$42
Roasted Beetroot & Blue Cheese Salad / Roasted Pine Nuts / Crumbled Blue Cheese / Baby Spinach / Bell Peppers / Blue Cheese Dressing (v) - \$40
Smoked Flying Fish Salad / Mixed Leaves / Fried Tomatoes / Grilled Watermelon / Sliced Cucumber / Lemon Vinaigrette - \$46
Atlantis Salad / Mixed Leaves / Oven Roasted Tomatoes / Cucumber / Honey Roasted Cashews / Quinoa / Craisins / Balsamic Dressing - \$42
Add Ons: Grilled Chicken Breast \$20 / Grilled Flying Fish \$22 / Grilled Shrimp \$26
Panko Crusted Crab Cake / Citrus Salsa / Arugula / Lemon Gel - \$44
Bajan Fish Cakes / Cod Fish Fritters / Marie Rose Sauce / Petit Salad - \$28
Tempura Shrimp / Asian Slaw / Fried Tomatoes / Wasabi Aioli - \$46
Crispy Fried Jerk Calamari / Lemon Wedge / Curry Mango Aioli - \$38
Lemon & Honey Grilled Octopus / Spicy Guacamole, Mixed Leaves, Lemon Wedge - \$42
Crispy Chicken Satay / Deep Fried / Lemongrass and Ginger Peanut Sauce / Crushed Peanuts and Sesame Seeds - \$38

ENTRÉES

- Fresh Catch of the Day (8oz) / Grilled OR Pan-Fried OR Blackened / Saffron Mashed Potatoes / Wilted Bok Choy / Thai Lemon Cream - \$74
Tent Bay Fish and Chips / Deep Fried Blue Marlin / French Fries / Coleslaw / Tartar Sauce - \$64
Seared Tuna Loin / Cheesy Polenta / Steamed Okras / Cracked Black Pepper / Hollandaise Sauce - \$68
Grilled Pork Tenderloin / Herb Mashed Potatoes / Warm Pineapple and Raisin Salsa / Green Plantain Chips - \$66
Grilled Sirloin Steak / 8oz Prime Cut / Sweet Potato Mash / Sautéed Mushrooms and Broccoli / Peppercorn Jus - \$85
Penne or Linguine Pasta / Alfredo (mushrooms, onions, garlic) OR Basil Pesto (broccoli) OR Marinara (capers & sweet peppers) / Garlic Bread / Shaved Parmesan Cheese - \$46
Add Ons: Grilled Chicken Breast \$20 / Grilled Flying Fish \$22 / Grilled Shrimp \$26
Atlantis Rogan Josh Curry / Basmati Rice / Mango Chutney / Pappadums - (Chicken \$62, Shrimp \$68, Vegetables \$55)
Atlantis Beef Burger / 8oz USDA Beef Patty / Sesame Seed Bun / Jalapeno Mayo / Crispy Bacon / Cheddar OR Blue Cheese / Caramelised Onions / Lettuce and Tomatoes - \$54
Panko Crusted Flying Fish Sandwich / Sesame Seed Bun / Garlic Aioli / Lettuce / Tomato / French Fries OR Garden Salad - \$48
Vegan Burger / Whole Wheat Bun / Black Bean and Chickpea Patty / Lettuce / Tomato / Caramelised Onions / Vegan Mayo / French Fries OR Garden Salad - \$45 (v)
Margherita Thin Crust Pizza / Tomato Sauce / Mozzarella Cheese / Basil / Olive Oil - \$40
Genovese Thin Crust Pizza / Basil Pesto / Mozzarella Cheese / Goat's Cheese / Onions / Olives / Walnuts / Honey / Olive Oil - \$48
Add Ons (Pepperoni - \$8 / Roasted Vegetables - \$12 / Chicken - \$15 / Flying Fish - \$15 / Shrimp - \$20 / Red Onions - \$5 / Mushrooms - \$5 / Olives - \$5)

SIDES

- Macaroni Pie - \$18
French Fries / Sweet Potato Fries - \$20 (v)
Steamed Vegetables - \$20 (v)
Rice & Peas - \$16 (v)
Breadfruit Chips (seasonal) - \$18 (v)
Truffle Wedges - \$26

DESSERT

- Vanilla Cheesecake / White Chocolate Ganache / Stewed Berries - \$29
Warm Salted Caramel Apple Pie / Nutmeg Ice Cream - \$28
Warm Foursquare Spiced Rum Bread Pudding / Rum & Raisin Ice Cream - \$27
Ice Cream / Sorbets - Vanilla / Chocolate / Coconut / Rum and Raisin / Mango Sorbet (v) / Lemon Sorbet (v) - \$12 per scoop

KIDS CORNER - All meals are \$45

and include a soft drink and ice cream

- Grilled Fish
Homemade Chicken Nuggets
Fish Fingers
Above served with French Fries, Sweet Potato Fries OR Steamed Vegetables
Penne Bolognese
Kids 10" Cheese Pizza

Please advise our team members if you have any allergy to any food product. Kindly note that smoking is not allowed. All prices shown are in Barbados dollars and include VAT. A service charge of 12.5% and 2.5% TPDL will be added to your bill. We accept all major currencies (BB\$, USD, GBP, CAD, EUR). Visa and MasterCard.

WINES & BUBBLY

WHITE

- Hunters Sauvignon Blanc - New Zealand \$94 / \$23
Antinori Santa Cristina Pinot Grigio - Italy \$94 / \$23
Wente 'Morning Fog' Chardonnay - California \$92 / \$23
Viña Maipo Dulzino Moscato - Chile \$72 / \$19

RED

- Kaiken Malbec Ultra - Argentina \$98
Wente 'Sandstone' Merlot - California \$94 / \$23

ROSE

- Minuty M Rosé - Provence, France \$110 / \$24
Château d'Esclans Whispering Angel Rosé - Provence, France \$125

BUBBLY

- Sartori Prosecco Frizzante (200 ml or 750ml) - Italy \$28 / \$90