

ANY THREE COURSES: \$120*

Please advise your waiter if choosing three course special before ordering. Seafood Salad and Steak are not included.

APPETIZERS

Caesar Salad / Crispy Romaine Leaves / Garlic Croutons / Cherry Tomatoes / Boiled Egg / Parmesan - \$40

Roasted Beetroot & Blue Cheese Salad / Roasted Pine Nuts / Crumbled Blue Cheese / Baby Spinach / Bell Peppers / Blue Cheese Dressing / Chili Oil - \$38 (v)

Atlantis Salad / Mixed Leaves / Oven Roasted Tomatoes / Cucumber / Roasted Cashews / Granola / Green Papaya / Craisins - \$40 (v)

Add Ons: Grilled Chicken Breast \$20 / Grilled Flying Fish \$22 / Grilled Shrimp \$26

Tea Smoked Seafood Salad* / Mixed Leaves / Granny Smith Apple / Mixed Seafood / Lemon Vinaigrette - \$52 (v)

Panko Crusted Crab Cakes / Citrus Salsa / Arugula / Lemonade Gel - \$42

Bajan Fish Cakes / Marie Rose Sauce / Garden Salad - \$28

Tempura Shrimp / Fried Tomatoes / Wakame Salad / Malt Extract - \$46

Crispy Jerk Calamari / Curry & Mango Aioli / Arugula / Lemon Wedge - \$38

Cajun Fried Octopus / Cucumber / Chilli Tomato Jam / Cumin Mayo - \$40

Chicken Satay / Lemongrass and Ginger / Crushed Peanuts / Sesame Seeds / Thai Peanut Sauce - \$38

ENTRÉES

Catch of the Day / 8oz Fresh Fish / Grilled OR Pan Fried / Green Pea Risotto / Warm Pineapple Salsa / Wilted Spinach - \$69

Tent Bay Fish and Chips / Deep Fried Fish / French Fries / Coleslaw / Tartar Sauce - \$62

Panko Crusted Seared Tuna / Creamy Polenta / Grilled Okras / Sundried Tomato & Red Onion Salsa - \$66

Grilled Pork Tenderloin / Herb Mashed Potatoes / Cajun Green Plantain Chips / Tamarind Jus - \$62

Grilled Sirloin Steak (8oz)* / Home Cut Fries / Grilled Vegetables / Peppercorn Jus - \$79

Penne OR Linguine Pasta - Alfredo (mushrooms, onion, garlic) / Basil Pesto (broccoli, baby corn) (v) / Marinara (capers and peppers) (v) -

All Pastas Served With Garlic Bread - \$42 - Add Ons: Grilled Chicken Breast \$20 / Grilled Flying Fish \$22 / Grilled Shrimp \$26

Tent Bay Curry / Pappadums / Basmati Rice / Mango Chutney

Vegetables - \$50 (v), Chicken - \$59, Seafood - \$64, Shrimp - \$68

Atlantis Beef Burger / Sesame Seed Bun / Jalapeño Mayo / Crispy Bacon / Cheddar Cheese / Lettuce / Tomato / French Fries or Garden Salad - \$52

Panko Crusted Flying Fish Sandwich / Sesame Seed Bun / Garlic Aioli / Lettuce / Tomato / French Fries or Garden Salad - \$46

Vegan Burger / Whole Wheat Bun / Edamame / Lettuce / Tomato / Sautéed Onions / Vegan Mayo / French Fries or Garden Salad - \$42 (v)

Margherita Pizza / Tomato Sauce / Mozzarella Cheese / Basil / Olive Oil - \$40

Genovese Pizza / Basil Pesto / Mozzarella Cheese / Goat's Cheese / Onions / Olives / Walnuts / Honey / Olive Oil - \$48

Add Ons (Pepperoni - \$8 / Roasted Vegetables - \$12 / Chicken - \$12 / Flying Fish - \$15 / Shrimp - \$20 / Red Onions - \$5 / Mushrooms - \$5 / Olives - \$5)

SIDES

Macaroni Pie - \$18

French Fries / Sweet Potato Fries - \$18 (v)

Steamed Vegetables - \$20 (v)

Rice & Peas - \$15 (v)

Breadfruit Chips (seasonal) - \$18 (v)

Truffle Wedges - \$25

DESSERT

Rich Chocolate & Ganache Cake / Brandy Marinated Cherries - \$29

Passion Fruit Cheesecake / Blueberry Coulis - \$27

Rum & Raisin Bread Pudding / Nutmeg Cream / Vanilla Ice Cream - \$27

Affogato - Vanilla Ice Cream drizzled with Lavazza Espresso - \$22

Ice Cream / Sorbets - Vanilla / Chocolate / Coconut / Rum

and Raisin / Mango Sorbet (v) / Lemon Sorbet (v) - \$12 per scoop

KIDS CORNER - All meals are \$42

and include a soft drink and ice cream

Grilled Fish

Homemade Chicken Nuggets

Fish Fingers

Above served with French Fries, Sweet Potato Fries OR

Steamed Vegetables

Penne Bolognese

Kids 10" Cheese Pizza

Please advise our team members if you have allergies to any food product. Kindly note that smoking is not allowed. All prices shown in Barbados Dollars and includes VAT.

A Service Charge of 12.5% and TPDL of 2.5% will be added to your bill. We accept all major currencies (BBD, USD, GBP, EUR and CAN), Visa and MasterCard

WINES & BUBBLY

WHITE

Hunters Sauvignon Blanc - New Zealand \$92 / \$22

Antinori Santa Cristina Pinot Grigio - Italy \$92 / \$22

Wente 'Morning Fog' Chardonnay - California \$90 / \$22

Viña Maipo Dulzino Moscato - Chile \$72 / \$19

RED

Kaiken Malbec Ultra - Argentina \$95

Wente 'Sandstone' Merlot - California \$92 / \$22

ROSE

Minuty M Rosé - Provence, France \$102 / \$23

Château d'Esclans Whispering Angel Rosé - Provence, France \$118

BUBBLY

Sartori Prosecco Frizzante (200 ml or 750ml) - Italy \$26 / \$86