



ATLANTIS HOTEL

Appetisers

Soup of the Day - \$15

please ask your server for our daily creation

Pickled Sea Cat - \$35

local octopus cooked in a seasoned broth and marinated with red onions, cucumbers, tomatoes, lime juice, hot peppers served with fried bakes

Crispy Calamari - \$30

black pepper crusted with lemon & rosemary aioli

Vegetable Napoleon - \$30

grilled portobello mushroom layered with goat's cheese, grilled eggplant, zucchini, tomato & pimento finished with a pesto oil & balsamic syrup

Duck Confit Spring Rolls - \$32

served with a homemade mango chili sauce

Salt Fish Bul Jol - \$25

served with fried bakes

Sharing Platter For Two - \$50

black pepper crusted calamari, flying fish sliders (2) and fish cakes (4)

Salads of the Day

Atlantis Caesar Salad - \$30

crispy romaine lettuce, sundried tomatoes, homemade croutons, parmesan cheese and caesar dressing

Israeli Couscous Greek Style Salad - \$35

israeli couscous tossed with cucumbers, pimentos, tomatoes, red onions, fresh dill, crumbled feta cheese and Kalamata olives in a light lemon & olive oil vinaigrette served on lettuce leaves

Beet & Goat's Cheese Salad - \$35

roasted beets tossed in our house dressing with mandarin oranges, red onions, goat's cheese, roasted tomatoes and crispy potato straws served on kale leaves

Quinoa Salad - \$35

red quinoa loaded with artichokes, sundried tomatoes, mushrooms, zucchini and carrots, finished with a basil dressing and toasted almonds

Add ons - for all salads

herb pan roasted chicken breast - \$13 pan roasted mahi-mahi - \$15 grilled marinated shrimp - \$15 grilled flying fish (3) - \$12

Sandwiches & Burgers

Panini of the Day - \$40

ask your server about our daily panini served with fries OR salad

Bacon and Cheese Beef Burger - \$35

7oz beef burger served on a sesame seed bun, with either cheddar OR blue cheese, bacon, lettuce, tomato, onion & a pickle with french fries or breadfruit chips

Barbeque Pulled Pork Burger - \$35

served on a sesame seed bun, with cheddar cheese and crispy fried onions with french fries OR breadfruit chips

Flatbread of the Day - \$25

ask your server about our daily flat bread.

Vegetarian Burger - \$30

chick pea and black bean burger served on toasted focaccia, with cheddar cheese, caramelised onions and garden salad.

Grilled Fish Burger - \$35

chef's fresh daily catch served on a sesame seed bun with lettuce & tomato, with a drizzle of jalapeño & cilantro aioli, served with french fries OR breadfruit chips

Entrées

Nutty Penne Pasta - \$35

tossed with homemade pesto and served with garlic bread & parmesan cheese

Risotto Atlantis - \$45

creamy risotto with mushrooms, sundried tomatoes, white wine and parmesan cheese

Add ons - for all pasta entrées

herb pan roasted chicken breast - \$13 pan roasted mahi-mahi - \$15 grilled marinated shrimp - \$15
grilled flying fish (3) - \$12 grilled vegetables - \$10

Atlantis Vindaloo Curry

homemade vindaloo curry, served with basmati rice, dhal puri & mango chutney
chicken - \$45 or shrimp - \$55

Tent Bay Catch of the Day - \$50

lightly blackened or grilled, served on a bed of whipped sweet potato OR french fries

Flying Fish Trio - \$40

blackened, grilled and fried flying fish, served with sweet potato fries and coleslaw.

Grilled New York Strip Steak - \$60

8oz grilled new york strip steak topped with sautéed mushrooms & grilled onions, finished with garlic butter and served with french fries & a roasted vegetable medley

Antipasto Platter - \$40

prosciutto ham, fresh mozzarella cheese, olives, roasted red peppers, roasted roma tomatoes, eggplant and zucchini drizzled with pesto & balsamic syrup and served with warm pita bread.

Sides

Fries - \$14
Macaroni Pie - \$12

Fried Plantain - \$10
Breadfruit Chips - \$12

Fish Cakes (6) - \$15
Rice & Peas - \$10

Please advise the wait staff if you have allergies to any food product. Prices quoted in BDS\$ and include VAT. A service charge of 10% will be added to your bill. We accept Visa and MasterCard and local debit cards only. We are also happy to provide transport to/from your hotel - USD\$10 per person (min. of 5 persons) please ask for details.

Kindly note that smoking is not allowed

